



Freedom House Program for Women

We are a two-year faith-based residential program that offers a caring and safe place for women wanting to break free. Freedom House provides the needed hope, love, grace and support for change!

The four Principles to Life Transformation-Four Biblical principles that we believe helps create and maintain a healing environment for people to become internally transformed (changed from the inside out).

The Four Principles:

1. Identity as a child of God.
2. Christlikeness as the quality standard for life.
3. Complete accountability
4. Self-evaluation

Purpose:

We are committed to supporting women in their struggle to break free from addictions and other bondages. Our program will assist women coming from jail in becoming self-sufficient, disciplined women of God who contribute to their families and community.

We will help

1. Create a safe and secure environment.
2. Assist you in knowing and following Jesus Christ by developing a deep life long relationship with Him.
3. Assist you toward embracing a healthy identity as a child of God.
4. Assist you toward accepting personal responsibility.
5. Assist you toward establishing healthy interdependent relationships.

Program Components:

1. Biblical Recovery-Based on a five phase program made up of the following components: (Additional programs may be added)

- A. Recovery/Counseling
 - Individual Counseling
 - Support groups
 - Relapse prevention classes
- B. Spiritual Formation
 - Bible classes
 - Mentoring
 - Involvement in local congregations
- C. Living Skills
 - Case Management
 - Parenting class
 - Budgeting class
 - Nutrition class

2. Education Development is essential in the process of recovery. We will assist you in the following opportunities:

- Educational assessment
- GED certification or high school diploma
- Job skills and job search
- Vocational / technical or higher learning level

3. Work is an important part of recovery. We will teach Christian principles through good work ethics and habits. Job descriptions will be provided for assigned jobs.