



Program Guidelines

House Safety Issues: By choosing any of the following, you are choosing to exit the program.

1. Assault: Physical, Verbal, Racial, or Possession of a weapon
2. Theft: Residents choose to accept full responsibility for all personal belongings.
3. Drug Use

Drug Testing: We choose to participate in random drug testing.

Medications and Illness: All medications and vitamins are to be turned in upon program entrance and will be dispensed as needed. Part of the program is to monitor medicines. Upon entering the program each resident will be asked to sign a release of information regarding medicines and their use per case. The **Case Manager**, or any available staff, at the beginning of each day and at dinnertime, will dispense medications. If resident is ill, she must notify **Case Manager**, or any available staff.

Children:

With many families living under one roof, the following guidelines are needed:

- Children are to be with their mothers and under their direction at all times unless under the supervision of the Children's Program.
- Children are to eat in the dining room and outside only and must be attended by their mothers.
- We choose to parent using the standard of Christlikeness.
- We choose to honor our children by not screaming, yelling or hitting them.
- We choose to assist our children to maintain clean bodies, clothes and neat appearances.

Clothing: We choose to dress modestly and appropriately at all times for the activity or occasion. Neck lines or top openings must be modest. This also includes the length of shorts, skirts and dresses. If you have a need for appropriate clothing and /or personal care items, we are committed to help meet those needs for you.

Finances:

- We choose to be financially accountable while at Freedom House.
- We acknowledge there is a \$50.00 non-refundable Application Fee due and payable upon completion and submission of Freedom House Application.

Personal Hygiene: We choose to maintain clean bodies, clothes, and neat appearance.

Home Care: We choose to participate in maintaining a beautiful and clean environment. We choose to do our assigned chores in a timely manner.

Bedrooms and Bathrooms: We choose to do the following:

- Sleep in our own rooms.
- Keep our rooms clean, neat, and in order.
- Respect each other's space and not enter other resident's rooms for any reason.
- Store personal belongings in the appropriate place.
- Practice accountability by cooperating with regular room checks.

Kitchen:

- We eat in the dining room and outside only. As a family unit, we choose to eat together.
- We choose to clean up after ourselves and children immediately following snack time and meals.
- Dinner time is from 5:00pm to 5:30pm, depending on staff.
- We choose to leave a note on the bulletin board if we will not be in for dinner.
- If we are going to be gone during dinner, but would like a plate set aside for us, we choose to leave a note.

Computer Use:

- We choose to follow all usage guidelines and remember the computers are property of Freedom House.
- We choose to **not visit the NORCOR** web site or any other incarceration facility.
- We choose to use email only, no instant messaging for any purpose.
- We choose to keep a Christ like attitude when using computer programs and equipment.
- We choose to NOT download anything (pictures, letters, etc.) onto the computers for any reason without prior consent from Case Manager or Staff only.

Telephone Use:

- We choose to reflect Christ likeness in our phone conversations.
- We choose, out of courtesy to others, to limit the length of our phone conversations.
- We choose to not have phone calls or make phone calls for the first 30 days.

Visitors: To honor our visitors, residents are asked to maintain the following standards of conduct:

- We choose to prearrange, with our Case Manager, personal visits. The time the visitor will arrive and the time the visitor will depart will be prearranged with the Case Manager.
- We choose to fill out our visitor form and have it turned in prior to visit.
- Manager will sign the visitor in and out.
- Staff reserves the right to request a background check.
- Visitation will take place in group areas.
- We choose to reflect the standard of Christ likeness.
- We choose to not have any personal visitors for the first 30 days.

Male and Female Relationships:

- We choose to practice Christ likeness in all our relationships choosing not to mediate through relationships.
- We choose to not communicate in any manner with any person incarcerated unless given permission, and acknowledge this permission will be granted by Case Manager or Staff only and will be on an individual basis.

Entertainment and Recreation:

- We choose to engage in entertainment and recreational activities that will encourage our transformation to Christ likeness.
- We choose to attend all classes and outings required by Freedom House.

Leaving and Returning to Campus: We choose accountability. Before leaving the property, please use the sign in/out sheet. Weekend visits will be possible in the later phases of the program.

Smoking: We choose not to smoke while at The Dalles Freedom House.

Transitioning From the Program: If a resident chooses to leave the program; all personal items must be retrieved from the facility within 48 hours. She must make arrangements with the staff prior to retrieving her personal items. Upon leaving the program the resident will leave her room clean and in order. The resident is responsible to notify the post office and others of her change of address.

These guidelines can and will be revised on an as-necessary basis. All residents will receive a copy of these guidelines upon any revision made. A revised copy will be placed in the orange Guideline books.